

## Howard ECC PTO Meeting Minutes

October 12, 2011

1. **Call to Order and Welcome-** by Meg Culp at 12:05

2. **Invocation-** Margye Northington

3. **Speakers**

**A. Mr. Dan Bolen- Principal**

(1) Thank you to Laurie Bauman and Heather Nelson for the raffle. (2) Thank you to those who have translated the eblast from English to Spanish. (3) TRPI- Children have taken this assessment. (4) The last week of October is Parent Conference Week- last year 96% attendance and are aiming for 100%.

**B. Doreen Magoon- AHS Foundation**

Collected \$192,000 this year so far. The event Great Heights Night at Witte on Nov. 2<sup>nd</sup>- all monies raised go back to the schools.

**C. Dr. John Fitch, MD- "Busyness"**

Grew up here in AH and graduated in '87 and is from a family of AH Grads. Studied at Vanderbilt and completed residency in Pediatrics and has been back in SA for 12 years. Dr. Fitch has 4 children ranging in age from high school to toddlerhood and has been married for nearly 20 years.

The Epidemic of Busyness-

We need to get the idea of "fixing" out of our mind and focus on "helping." We need to recognize that we have problems and our kids are modeling us. Why are our kids so busy?....Because they are watching us.

Children pay attention more at what we do and not what we say. Remember every time you say "yes" to something, you say "no" to something else. Our kids need quantity and quality time. Love= TIME

3 Things to take home-

1. Cease things- we need to stop. Learn to say no and learn to take time to do nothing.
2. Sleep- it is restorative! Our kids need 10-12 hours and we need 7-8 hours of sleep.
3. Meals together- build strong connections within your family  
Kids need more playtime from Am. Academy of Pediatrics

Book Suggestion- The Price of Privilege

#### **4. Board Reports**

**A. Raffle Co-Chairs-** Heather Nelson and Laurie Bauman- collected close to \$16,000 dollars and online is close to \$6000. The goal is \$30,000.

**B. Directory-** Margye Northington- coming in middle of next week and if you have joined the PTO you will get a directory. They will be delivered to your child's classroom.

**C. Hospitality/Teacher Appreciation-** Carey Hildebrand and Taryn Sharpe

Conference week lunches are mostly being covered by restaurants. Start at 10:30 and clean up at 1. Desserts are still needed.

**D. Volunteers-** Dori Salisbury

Volunteers needed for Cafeteria shifts.

**E. New Business/Adjourn-** Meg Culp

#### **Important Dates-**

October 13- Raffle Drawing

October 18-19- Picture Days

October 24-28- Parent Conferences- 1:00 Early Dismissal

October 25- 4 Week Series Parenting Class begins, 5:00-7:00pm

October 31- Class Parties

October 31-November 6- Screen Free Week

November 2- AHS Foundation Dinner

November 9- Next PTO Meeting, 6:00, Dinner and Childcare Provided

Guest Speaker- Dr. Kevin Brown, Superintendent