

Help Your Child Get Ready for Kindergarten



Kindle excitement about kindergarten. Visit Howard, play on the playground and meet your child's teacher.

Impress upon your child the importance of independent behaviors: personal hygiene, buttoning buttons, learning to tie shoes, communicating needs and other self-help skills.

Notice the new things your child is learning to do. Reinforce your child's efforts and progress with praise.

Discuss what your child will be learning in school—colors, math skills, letters and their sounds, science experiments, and computer skills.

Expand your child's vocabulary by challenging them to use specific words (i.e., instead of "flower", say "daisy, rose").

Revue the good behavior and social skills expected of your child, such as following instructions, taking turns, and listening to the teacher.

Get involved at your child's school. Join PTO & volunteer in the classroom. If you work outside the home, ask the teacher how you can help.

AnsWER your child's questions about school. Reassure your child that school is fun!

Read to your child every day. Start or expand your home library.

Turn every experience into a learning adventure. Let your child help with everyday chores. Play and work together to resolve conflicts, practice taking turns, sharing and helping others, etc.

Encourage your child to eat well, get enough sleep, bathe daily, and brush teeth twice a day.

Never forget safety. Teach your child safety rules.