UIL PHYSICAL EXAMS


WHEN/WHERE: PHASE 1 (vitals check): any time between now-May 10th, in the AHHS athletic training room, inside JROTC bldg. on Vanderhoeven. PHASE 2 (cardiac screening + physician evaluation): 4pm Tuesday May 14th, check in at the AHHS cafeteria courtyard.

COST: $20, payable at the May 14th physician evaluation

WHO: Students who will be enrolled at Alamo Heights High School in 2019-20, and participating in extracurricular activities ( athletics, spirit, band, etc).

ADDITIONAL INFORMATION:
• Pre-printed packets and permission forms are in the AHHS athletic training room (inside AHHS JROTC building on Vanderhoeven).
• Coaches & sponsors: please schedule a time with me when I can meet with your group to distribute packets and briefly talk about the event.
• PARTICIPATION IS A TWO-PART PROCESS:
  1) Present day – May 10th: Vitals check basic screening (height, weight, vision, BP, etc.) must be completed prior to May 11th in the AHHS athletic training room (inside JROTC building on Vanderhoeven). These can be done M-F 7:45-8:30am or 4-5pm (afternoon hours vary depending on game coverage), no appt needed.
  2) May 14th physician evaluation (August Heart cardiac screening + ortho + general medical screening) at AHHS cafeteria. $20 at check in.