



Alamo Heights Independent School District Approved Off-Campus Physical Activity Programs for PE Credit

Category I

- Students are supervised a minimum of 15 hours per week with highly intensive professional training
- The training facility, instructors, and activities involved in the program are certified by the superintendent to be of exceptional quality
- Students qualifying and participating at this level are dismissed from school no more than one period per day
- Students do not miss any class other than physical education

| Campus Program | Entity Providing Service |
|----------------|--|
| Ballet | Ballet Conservatory of South Texas |
| Ballet | Connally's Dance Workshop, Inc. (SA Metropolitan Ballet) |
| Ballet | Dance Center of San Antonio |
| Ballet | Pre Professional Ballet School of San Antonio |
| Cheerleading | Rebecca Rios |
| Cycling | National Interscholastic Cycling Association |
| Equestrian | Russell Equestrian Center |
| Equestrian | San Antonio Polo Club |
| Fencing | Alamo Fencing Academy |
| Golf | San Antonio Country Club |
| Golf | Michael Wray Performance Golf |
| Gymnastics | Aerial Athletics |
| Gymnastics | Maverick's Gymnastics |
| Gymnastics | Sunburst Gymnastics Academy |
| Gymnastics | Acrobatic Gymnastics of San Antonio |
| Cheerleading | Rebecca Rios |
| Soccer | US Soccer Development Academy |
| Tennis | John Newcombe Tennis Academy |
| Tennis | Mark Hildebrand Tennis |
| Tennis | PH-Meta Tennis |
| Tennis | Whispering Oaks |
| Tennis | University of the Incarnate Word |

Category II

- Students are well supervised by appropriately trained instructors
- Students participate in the physical activity for at least 5 hours per week
- Students who participate at this level are not dismissed from any part of the school day

| Campus Program | Entity Providing Service |
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| Ballet | Dance Center of San Antonio |
| Cheerleading | Rebecca Rios |
| Equestrian | Turkey Creek Stables |
| Equestrian | US Hunter/Jumpers Club |
| Fencing | Alamo Fencing Academy |
| Fencing | Olympian Fencing Club |
| Gymnastics | Maverick's Gymnastics |
| Gymnastics | Olympia Gym |
| HorsemanSHIP Riding | Oak Valley Stables |
| Swimming | AH Swimmers Club |
| Swimming | Cygnets |
| Swimming | SA Country Club |
| Swimming | Streamlined Aquatics |
| Synchronized Swimming | AH Swimmers Club |
| Taekwondo | ACTS Taekwondo |
| Tennis | Bonilla Tennis Academy |
| Tennis | FIT High Performance Tennis |
| Tennis | University of the Incarnate Word |
| Tennis | Ivic Oliver High Performance Tennis |
| Water Skiing and Wakeboarding | USA Water Ski and Wake Sports Organization (AWSA) |
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