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| First Semester | | Second Semester | | |
| **1st Nine Weeks**  (August 21st – October 17th)  *(September 4th* – *Labor day* – *No School)*  *(October 9th* –  *Staff Development)* | | **3rd Nine Weeks**  (January 5th – March 20th)  *(January 15th* – *MLK* – *No School )*  *(March 12th – 16th* – *Spring Break)* | | |
| **TEKS**  5.1[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122386" \o "5.1A: Examine and analyze food labels and menus for nutritional content.)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122388" \o "5.1C: Identify foods that are sources of one or more of the six major nutrients.)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122389" \o "5.1D: Calculate the relationship between caloric intake and energy expenditure.)[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122391" \o "5.1F: Analyze the components of a personal health maintenance plan for individuals and families such as stress management and)  5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609" \o "5.1B: Demonstrate smooth combinations of fundamental locomotor skills such as running and dodging and hop-step-jump.)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124611" \o "5.1D: Demonstrate controlled balance on a variety of objects such as balance board, stilts, scooters, and skates.)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619" \o "5.1L: Demonstrate combinations of locomotor and manipulative skills in complex and/or game-like situations such as pivoting)  5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623" \o "5.3A: Participate in moderate to vigorous physical activities on a daily basis that develop health-related fitness.)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625" \o "5.3C: Explain the value of participation in community physical activities such as little league and parks and recreation.)  5.4[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122399" \o "5.4D: List the effects of harmful viruses on the body such as polio, Human Immunodeficiency Virus (HIV), and the common)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122400" \o "5.4E: Explain how to manage common minor illnesses such as colds and skin infections.)  5.4[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631" \o "5.4F: Identify the relationship between optimal body function and a healthy eating plan such as eating a variety of foods in)  5.5[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122405)  5.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124636)  5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640)  5.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122417)  5.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124641)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)    5.1[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122391)  5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609)  5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122392)  5.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124624)  5.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124626)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124627)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124628)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124629)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124630)  5.5[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124638)  5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625)  5.6[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122412)  5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640)  5.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124641)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124643)  5.9[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122425)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122426)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122427)  5.3[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625)  5.8[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122420)  5.9[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122428) | **Units**  School Theme games (Character is our Game)  \*Jumbo Jenga, Twister, Yahtzee, Bounce Off  Back to School wellness:  \*Dress for success  \*Traffic Light Eating, Brainy Breakfast, Phytonutrients  (Hoop Mania, Steal the Bacon)  \*Unplug and Move   * Read DOT (movement with book) * Siclovia     Muscular System:  \*aerobic/anaerobic  \*3 Components of Fitness  \*FITT  Perseverance:  \*Mile Run  \*Kids Rock        \*Tug A War  Family Play Date | **TEKS**  5.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124614)  5.1[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124611)  5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625)  5.5[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124638)  5.7[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124643)  5.8[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122420)  5.9[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122426)  5.1[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122391)  5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)  5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122392)  5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623)  5.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122396)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122398)  5.4[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124626)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124627)[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631)[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124633)  5.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122403)  5.6[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122416)  5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609)  5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124620)  5.1[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122391)  5.3[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124625)  5.5[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122405)  5.1[I](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124616)[J](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124617)  5.2[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122393)  5.3[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122395)  5.3[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124623)  5.4[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631)  5.5[H](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122408)  5.9[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122428)  5.5[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124636)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124638) | **Units**  Winter Olympics (2018)  Go Kids Challenge/New Year’s Resolutions  (“When I Was Dreaming”, Sugary Drinks, 5 a Day, 60 minutes a day)  Heart/Circulatory System:  \*Jump Rope for Heart/Hoops for Heart  \*Function of Heart  \*Heart Health  \*Giving from the Heart  Super Bowl  Bike Rodeo  King Antonio routine  \*Tinikling/Drum Fit/Jump rope  Maturation  Heroes For Heart  Spring stations  \*Spring Tabatas  STARR  \*brainy breakfast (Hoop Mania)  \*healthy snacks (Steal the Bacon) |
| **2nd Nine Weeks**  (October 18th – December 20th)  *(November 20th – 24th* – *Thanksgiving Break)*  *(December 21st – January 3rd – Holiday Break)* | | **4th Nine Weeks**  (March 21st – May 31st)  *(March 30th – Good Friday – No School)*  (*April 27th – Battle of Flowers – No School)*  *(May 28th – Memorial Day – No School)* | | |
| **TEKS**  5.1[I](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124616)  5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122392)  5.2[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124621)  5.4[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124628)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124630)[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124632)  5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122392)  5.4[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122398)  5.1[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124611)  5.4[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631)  5.6[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122412)  5.8[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122420)  5.9[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122425)  5.1[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124610)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124611)[I](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124616)[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)  5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124620) | **Units**  Halloween:  \*Skeletal System, Osteoporosis  Skeletal Square, Knock Out with stations  \*Halloween games/Dental care  \*Boo Run  Diabetes  Mule Games/Camp Cambridge/Amazing Race  Garden Run  Turkey Tango  Christmas (sleigh rides, Decorate tree, Ornaments in the Attic, Grinch bowling, etc.)  Overhand Throw (Self and Peer Assessment) | **TEKS**  5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122387)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122388)  5.1[G](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124614)  5.4[F](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124631)  5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609)[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124610)[E](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124612)  5.2[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124622)  5.6[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122412)  5.7[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124641)[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)  5.9[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122425)[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122426)  5.8[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122422)  5.1[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619)  5.5[C](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124637)  5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640)  5.7[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642) | **Units**  Kinetic Kids  King Antonio auditions (Rubric)  My Plate  Egg-ercise  Track Meet  \*4X100 Relay/Blind Handoffs  \*Running Long Jump  \*Hurdles  \*Steeple Chase  Earth Day  Cup stacking/Juggling  Fun in the Sun  \*skin protection  \*Power of sun screen game  \*Water safety  Human Foosball |

Rotation Fridays:

Pacer 5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609), 5.3B, 5.9[D](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=122426)

Team Games:

Beat Ball Baseball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619), 5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640), 5.7[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)

GaGa Ball 5.1[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124609" \o "5.1B: Demonstrate smooth combinations of fundamental locomotor skills such as running and dodging and hop-step-jump.)

Aerobic Kickball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)

Team Kickball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618), 5.6[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124640), 5.7[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)

Mat Ball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)

Basket/kickball 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618)[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619), 5.7[B](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124642)

Locker Room 5.1[K](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124618), 5.2[A](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124620)

Flag Tag 5.1[L](http://www.teksresourcesystem.net/module/standards/Tools/Browse?standardId=124619)