



# Woodridge First Grade PE Year at a Glance (YAG)

First Semester		Second Semester	
<b>1<sup>st</sup> Nine Weeks – 40 days</b> (August 20 <sup>th</sup> – October 16 <sup>th</sup> ) (September 3 <sup>rd</sup> – Labor day – No School) (October 8 <sup>th</sup> – Staff Development)		<b>3<sup>rd</sup> Nine Weeks – 45 days</b> (January 7 <sup>th</sup> – March 19 <sup>th</sup> ) (January 21 <sup>st</sup> – MLK – No School) (March 11 <sup>th</sup> – 15 <sup>th</sup> – Spring Break)	
<b>TEKS</b>	<b>Units</b>	<b>TEKS</b>	<b>Units</b>
1.1AB 1.1C 1.2B  1.1H 1.2A  1.1EF  1.1A 1.6AB  1.5ABE 1.7A  1.5A 1.7BC  1.4BC	<b>Locomotor Skills:</b> walk, run, hop, gallop, leap, slide  <b>Body Management:</b> balance  <b>Manipulatives:</b> rolling, bouncing, & throwing  <b>Rhythms/Dance:</b> steady beat, ribbons/streamers  <b>Movement Concepts:</b> personal space, boundaries, start/stop & levels of movement  <b>Safety:</b> gym & playground rules, water, restroom & emergency procedures  <b>Social:</b> demonstrates elements of responsible behavior, uses equipment safely  <b>Health &amp; Body:</b> identify major body parts	1.1ABCD  1.1CH 1.2B  1.1DH 1.5A 1.7A  1.1EFG  1.1BC 1.6AB 1.7AB  1.3A 1.5AB  1.7BC  1.3B 1.4AB	<b>Locomotor Skills:</b> combination of different skills  <b>Body Management:</b> weight transfer  <b>Manipulatives:</b> striking with short-handed implements  <b>Rhythms/Dance:</b> keeping a steady beat while using manipulatives, introduce long jump rope  <b>Movement Concepts:</b> dodging, tagging & chasing  <b>Safety:</b> Bike Rodeo safety  <b>Social:</b> recognizes the benefits of cooperation and sharing  <b>Health &amp; Body:</b> benefits of cardiocascular activities
<b>2<sup>nd</sup> Nine Weeks – 43 days</b> (October 17 <sup>th</sup> – December 21 <sup>st</sup> ) (November 19 <sup>th</sup> – 23 <sup>rd</sup> – Thanksgiving Break) (December 24 <sup>th</sup> – January 4 <sup>th</sup> – Holiday Break)		<b>4<sup>th</sup> Nine Weeks – 45 days</b> (March 20 <sup>th</sup> – May 23 <sup>rd</sup> ) (April 19 <sup>th</sup> – Good Friday – No School) (April 26 <sup>th</sup> – Battle of Flowers – No School) (May 27 <sup>th</sup> – Memorial Day – No School)	
<b>TEKS</b>	<b>Units</b>	<b>TEKS</b>	<b>Units</b>
1.1AB 1.6B 1.7A  1.1B  1.1H  1.1BG  1.1ABC 1.7A  1.3D 1.5AB 1.7A  1.7BC  1.4B	<b>Locomotor Skills:</b> skip, chasing & fleeing  <b>Body Management:</b> jumping/landing  <b>Manipulatives:</b> catching & kicking  <b>Rhythms/Dance:</b> individual jump ropes  <b>Movement Concepts:</b> pathways, speed/tempo & directions  <b>Safety:</b> equipment and climbing  <b>Social:</b> demonstrates cooperation with a partner  <b>Health &amp; Body:</b> identify location/function of the heart	1.1ABC  1.2B 1.3D  1.1H 1.2A  1.1EF  1.1ABC 1.3BC  1.5BCD  1.7BC  1.3ABC	<b>Locomotor Skills:</b> combinations of different skills performed at varying directions and speeds  <b>Body Management:</b> stunts and rolls  <b>Manipulatives:</b> demonstrates skills such as rolling, jumping, throwing, catching & striking using correct body alignment.  <b>Rhythms/Dance:</b> perform rhythmic activities keeping a steady beat  <b>Movement Concepts:</b> demonstrate the ability to change directions & speed while maintaining balance (coordination)  <b>Safety:</b> sun and water  <b>Social:</b> displays elements of appropriate conflict resolution  <b>Health &amp; Body:</b> participates in activities that develop the fitness components