



# Cambridge Third Grade PE Year at a Glance (YAG)



First Semester		Second Semester	
<b>1<sup>st</sup> Nine Weeks – 40 days</b> (August 20 <sup>th</sup> – October 16 <sup>th</sup> ) (September 3 <sup>rd</sup> – Labor day – No School) (October 8 <sup>th</sup> – Staff Development)		<b>3<sup>rd</sup> Nine Weeks – 45 days</b> (January 7 <sup>th</sup> – March 19 <sup>th</sup> ) (January 21 <sup>st</sup> – MLK – No School) (March 11 <sup>th</sup> – 15 <sup>th</sup> – Spring Break)	
<b>TEKS</b> <a href="#">3.1B</a> <a href="#">3.6AB</a> <a href="#">3.7A</a>  <a href="#">3.1AC</a> <a href="#">3.1A</a> <a href="#">3.3B</a> <a href="#">3.3B</a> <a href="#">3.4C</a> <a href="#">3.5BD</a> <a href="#">3.7A</a>  <a href="#">3.1F</a> <a href="#">3.1A</a> <a href="#">3.2AE</a> <a href="#">3.5C</a>  <a href="#">3.1BCEG</a> <a href="#">3.2A</a> <a href="#">3.3B</a> <a href="#">3.4BC</a> <a href="#">3.4B</a>  <a href="#">3.1B</a> <a href="#">3.1EG</a> <a href="#">3.3CD</a>  <a href="#">3.1CI</a> <a href="#">3.2B</a> <a href="#">3.7B</a> <a href="#">3.11FG</a>  <a href="#">3.6B</a> <a href="#">3.7A</a>  <a href="#">3.3AE</a> <a href="#">3.6D</a> <a href="#">3.8B</a>	<b>Units</b>  School Theme games (Character is our Game) *Jumbo Jenga, Twister, Yahtzee, Kerplunk  Back to School wellness: *Dress for success *Traffic Light Eating, Brainy Breakfast, Phytonutrients (Hoop Mania, Steal the Bacon) *Unplug and Move <ul style="list-style-type: none"> <li>• Read DOT (movement with book)</li> <li>• Siclovia</li> </ul> Muscular System: *aerobic/anaerobic  *3 Components of Fitness *FITT  Perseverance: (“Let’s Go”) (Wilma Unlimited) *Mile Run *Kids Rock  *Tug A War  Family Play Date	<b>TEKS</b> <a href="#">3.1DG</a>  <a href="#">3.1BD</a> <a href="#">3.2A</a> <a href="#">3.3AB</a> <a href="#">3.4BC</a> <a href="#">3.8B</a> <a href="#">3.11F</a>  <a href="#">3.1E</a> <a href="#">3.1F</a> <a href="#">3.2B</a> <a href="#">3.3B</a> <a href="#">3.4AC</a>  <a href="#">3.1A</a>  <a href="#">3.1F</a> <a href="#">3.2AE</a> <a href="#">3.5C</a>  <a href="#">3.1I</a>  <a href="#">3.3E</a> <a href="#">3.5A</a> <a href="#">3.9E</a> <a href="#">3.10A</a> <a href="#">3.11D</a>  <a href="#">3.1BG</a> <a href="#">3.6A</a>  <a href="#">3.1A</a>	<b>Units</b>  Winter Sports  Go Kids Challenge/New Years Resolutions Heart/Circulatory System: *Jump Rope for Heart/Hoops for Heart *Function of Heart *Heart Health  *Giving from the Heart Super Bowl Bike Rodeo  King Antonio routine *Tinikling/DrumFit/Jump rope  Heroes For Heart  Spring stations *Spring Tabatas  STARR *brainy breakfast (Hoop Mania) *healthy snacks (Steal the Bacon)
<b>2<sup>nd</sup> Nine Weeks – 43 days</b> (October 17 <sup>th</sup> – December 21 <sup>st</sup> ) (November 19 <sup>th</sup> – 23 <sup>rd</sup> – Thanksgiving Break) (December 24 <sup>th</sup> – January 4 <sup>th</sup> – Holiday Break)		<b>4<sup>th</sup> Nine Weeks – 45 days</b> (March 20 <sup>th</sup> – May 23 <sup>rd</sup> ) (April 19 <sup>th</sup> – Good Friday – No School) (April 26 <sup>th</sup> – Battle of Flowers – No School) (May 27 <sup>th</sup> – Memorial Day – No School)	
<b>TEKS</b> <a href="#">3.1BCEI</a> <a href="#">3.4BC</a> <a href="#">3.4CD</a>  <a href="#">3.4B</a> <a href="#">3.4C</a>  <a href="#">3.1BEFIJ</a>	<b>Units</b>  Halloween: *Skeletal System  *Skeletal Square, Knock Out with stations *Halloween games *Boo Run  Diabetes Mule Games/Camp Cambridge/Amazing Race Garden Run Turkey Tango Christmas Overhand Throw (Self and Peer Assessment)	<b>TEKS</b> <a href="#">3.3E</a> <a href="#">3.6D</a> <a href="#">3.8B</a>  <a href="#">3.1CD</a> <a href="#">3.1D</a>  <a href="#">3.1B</a> <a href="#">3.3C</a>  <a href="#">3.6A</a>  <a href="#">3.1J</a> <a href="#">3.5D</a> <a href="#">3.6B</a>  <a href="#">3.1J</a>	<b>Units</b>  Family Play Date King Antonio auditions (Rubric) My Plate  Egg-ercise  Track Meet *4X100 Relay/Blind Handoffs *Running Long Jump *Hurdles *Steeple Chase  Earth Day  Cup stacking/Juggling  Fun in the Sun *skin protection *Power of sun screen game  Human Foosball



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Rotation Fridays:

Pacer [3.1BC](#)

Team Games: [3.1A](#), [3.6AB](#), [3.7AC](#)

Beat Ball Baseball

GaGa Ball

Aerobic Kickball

Team Kickball

Mat Ball

Basket/kickball

Locker Room

Flag Tag