



Cambridge
Fourth Grade PE
Year at a Glance (YAG)



First Semester		Second Semester	
1st Nine Weeks – 40 days (August 20 th – October 16 th) <i>(September 3rd – Labor day – No School)</i> <i>(October 8th – Staff Development)</i>		3rd Nine Weeks – 45 days (January 7 th – March 19 th) <i>(January 21st – MLK – No School)</i> <i>(March 11th – 15th – Spring Break)</i>	
TEKS	Units	TEKS	Units
4.7D	School Theme games (Character is our Game) *Jumbo Jenga, Twister, Yahtzee, Kerplunk	4.1G	Winter Sports
4.1ABCDEF 4.2AB 4.3AF 4.4ABDEF 4.5BC 4.5BD 4.7AB	Back to School wellness: *Dress for success *Traffic Light Eating, Brainy Breakfast, Phytonutrients (Hoop Mania, Steal the Bacon) *Unplug and Move • Read DOT (movement with book) • Siclovia	4.1BDF 4.3A 4.4BE 4.5A 4.6A 4.7C 4.8B	Go Kids Challenge/New Year's Resolutions
4.1DF 4.2B 4.3BCDE 4.4C 4.11B	Muscular System: *aerobic/anaerobic *Aerobic bowling	4.1J 4.1EF 4.2AB 4.4ABGH 4.4C	Heart/Circulatory System: *Jump Rope for Heart/Hoops for Heart *Function of Heart *Heart Health
4.1CHI 4.7C 4.8B 4.9D 4.11B	*3 Components of Fitness *FitnessGram *FITT	4.1A 4.9A	*Giving from the Heart
4.6A 4.7B 4.10C	Perseverance: “Let’s Go”/ <u>Wilma Unlimited</u>) *Mile Run *Kids Rock *Tug A War	4.5AC 4.1HJ 4.2C	Super Bowl
4.1D 4.3AF 4.6A	Family Play Date	4.9E 4.10A 4.1D 4.3F 4.3B 4.4I 4.6AB 4.11AC	Bike Rodeo
		4.1B	King Antonio routine *Tinikling/Drum Fit/Jump rope
			Maturation Kinetic Kids
			Heroes For Heart Spring stations *Spring Tabatas
			STARR *brainy breakfast (Hoop Mania) *healthy snacks (Steal the Bacon)
2nd Nine Weeks – 43 days (October 17 th – December 21 st) <i>(November 19th – 23rd – Thanksgiving Break)</i> <i>(December 24th – January 4th – Holiday Break)</i>		4th Nine Weeks – 45 days (March 20 th – May 23 rd) <i>(April 19th – Good Friday – No School)</i> <i>(April 26th – Battle of Flowers – No School)</i> <i>(May 27th – Memorial Day – No School)</i>	
TEKS	Units	TEKS	Units
4.2AB 4.4G 4.11B	Halloween: *Skeletal System Skeletal Square, Knock Out with stations *Halloween games *Boo Run	4.2C 4.1A 4.4E	King Antonio auditions (Rubric) My Plate Egg-ercise
4.1G 4.2AB 4.5CD	Diabetes Mule Games/Camp Cambridge/Amazing Race Garden Run Turkey Tango	4.1DFG 4.2BC 4.4I	Track Meet *4X100 Relay/Blind Handoffs *Running Long Jump *Hurdles *Steeple Chase
4.1HI	Christmas	4.1FG	Earth Day
4.2ACD	Overhand Throw (Self and Peer Assessment)	4.6B 4.5D	Cup stacking/Juggling Fun in the Sun *skin protection Power of sun screen game Human Foosball



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Rotation Fridays:

Pacer: 4.1A

Team Games: 4.1ABEK, 4.2A, 4.6AB, 4.7AB, 4.9BF, 4.10BC, 4.11E

Beat Ball Baseball

GaGa Ball

Aerobic Kickball

Team Kickball

Mat Ball

Basket/kickball

Locker Room

Flag Tag