



Cambridge Fifth Grade PE Year at a Glance (YAG)



First Semester		Second Semester	
1 st Nine Weeks – 40 days		3 rd Nine Weeks – 45 days	
<u>TEKS</u>	<u>Units</u>	<u>TEKS</u>	<u>Units</u>
<p>5.1 ACDF 5.1 BDL 5.3 AC 5.4 DE 5.4 F 5.5 E 5.5 B 5.6 B 5.7 A 5.7 AB</p> <p>5.1 F 5.1 B 5.2 A 5.3 B 5.4 ABCDE 5.5 D</p> <p>5.3 AC 5.6 C 5.6 B 5.7 ABC 5.9 CDE</p> <p>5.3 C 5.8 B</p> <p>5.9 F</p>	<p>School Theme games (Character is our Game) *Jumbo Jenga, Twister, Yahtzee, Bounce Off</p> <p>Back to School wellness: *Dress for success *Traffic Light Eating, Brainy Breakfast, Phytonutrients (Hoop Mania, Steal the Bacon) *Unplug and Move</p> <ul style="list-style-type: none"> • Read DOT (movement with book) • Siclovia <p>Muscular System: *aerobic/anaerobic *3 Components of Fitness *FITT</p> <p>Perseverance: *Mile Run *Kids Rock</p> <p>*Tug A War</p> <p>Family Play Date</p>	<p>5.1 G</p> <p>5.1 D 5.3 AC 5.5 D 5.7 C 5.8 B 5.9 D</p> <p>5.1 F 5.1 K 5.2 A 5.3 A 5.4 AC 5.4 ABFH 5.5 C 5.6 G</p> <p>5.1 B 5.2 A</p> <p>5.1 F 5.3 C 5.5 E</p> <p>5.1 J</p> <p>5.2 B</p> <p>5.3 B 5.3 A 5.4 F 5.5 H 5.9 F</p> <p>5.5 BD</p>	<p>Winter Olympics (2018)</p> <p>Go Kids Challenge/New Year's Resolutions ("When I Was Dreaming", Sugary Drinks, 5 a Day, 60 minutes a day)</p> <p>Heart/Circulatory System: *Jump Rope for Heart/Hoops for Heart *Function of Heart *Heart Health *Giving from the Heart</p> <p>Super Bowl Bike Rodeo</p> <p>King Antonio routine *Tinikling/Drum Fit/Jump rope</p> <p>Maturation</p> <p>Heroes For Heart</p> <p>Spring stations *Spring Tabatas</p> <p>STARR *brainy breakfast (Hoop Mania) *healthy snacks (Steal the Bacon)</p>
2 nd Nine Weeks – 43 days		4 th Nine Weeks – 45 days	
<u>TEKS</u>	<u>Units</u>	<u>TEKS</u>	<u>Units</u>
<p>5.1 I 5.2 A 5.2 B 5.4 CEG</p> <p>5.2 A 5.4 C</p> <p>5.1 D 5.4 F 5.6 C 5.8 B 5.9 C</p> <p>5.1 CDIK</p> <p>5.2 A</p>	<p>Halloween: *Skeletal System, Osteoporosis Skeletal Square, Knock Out with stations *Halloween games/Dental care *Boo Run</p> <p>Diabetes</p> <p>Mule Games/Camp Cambridge/Amazing Race</p> <p>Garden Run</p> <p>Turkey Tango</p> <p>Christmas (sleigh rides, Decorate tree, Ornaments in the Attic, Grinch bowling, etc.)</p> <p>Overhand Throw (Self and Peer Assessment)</p>	<p>5.1 BC 5.1 G 5.4 F</p> <p>5.1 BCE 5.2 C 5.6 C 5.7 AB 5.9 CD</p> <p>5.8 D</p> <p>5.1 L</p> <p>5.5 C 5.6 B 5.7 B</p>	<p>Kinetic Kids King Antonio auditions (Rubric)</p> <p>My Plate</p> <p>Egg-ercise</p> <p>Track Meet *4X100 Relay/Blind Handoffs *Running Long Jump *Hurdles *Steeple Chase</p> <p>Earth Day</p> <p>Cup stacking/Juggling</p> <p>Fun in the Sun *skin protection *Power of sun screen game *Water safety Human Foosball</p>



Cambridge Fifth Grade PE Year at a Glance (YAG)



Rotation Fridays:

Pacer [5.1B](#), [5.3B](#), [5.9D](#)

Team Games:

Beat Ball Baseball [5.1KL](#), [5.6B](#), [5.7B](#)

GaGa Ball [5.1B](#)

Aerobic Kickball [5.1K](#)

Team Kickball [5.1K](#), [5.6B](#), [5.7B](#)

Mat Ball [5.1K](#)

Basket/kickball [5.1KL](#), [5.7B](#)

Locker Room [5.1K](#), [5.2A](#)

Flag Tag [5.1L](#)