



Cambridge 2nd Grade PE Year at a Glance (YAG)



First Semester		Second Semester	
1 st Nine Weeks – 40 days		3 rd Nine Weeks – 45 days	
<u>TEKS</u>	<u>Units</u>	<u>TEKS</u>	<u>Units</u>
<p>2.9A 2.10A</p> <p>2.1B 2.11B</p> <p>2.1BD 2.1L 2.2BC 2.3A 2.3B 2.4ACD 2.4D 2.5ABE 2.7A</p> <p>2.3C 2.3D 2.4B</p> <p>2.3C</p> <p>2.5C 2.11AC</p> <p>2.7A</p> <p>2.3A 2.5C</p>	<p>FIT with Family</p> <p>School Theme games (Character is our Game) *Jumbo Jenga, Twister, Yahtzee, Kerplunk</p> <p>Back to School wellness: *Dress for success *Traffic Light Eating, Brainy Breakfast, Phytonutrients (Hoop Mania, Steal the Bacon) *Unplug and Move</p> <ul style="list-style-type: none"> • Read DOT (movement with book) • Siclovia <p>Muscular System: *aerobic/anaerobic</p> <p>*3 Components of Fitness</p> <p>Perseverance: (“Let’s Go”/ <u>Wilma Unlimited</u>) *Mile Run *Kids Rock</p> <p>*Tug A War</p> <p>Family Play Date</p>	<p>2.1FGH</p> <p>2.3B 2.5C 2.11AC</p> <p>2.1CEG 2.1BHMN 2.2A 2.2A 2.3BC 2.4B 2.4ABCEF 2.8A</p> <p>2.5BE</p> <p>2.2BC 2.3A</p> <p>2.2F 2.6A 2.11D</p>	<p>Winter Sports</p> <p>Go Kids Challenge/New Years Resolutions</p> <p>Heart/Circulatory System: *Jump Rope for Heart/Hoops for Heart *Function of Heart *Heart Health</p> <p>*Giving from the Heart</p> <p>Super Bowl</p> <p>Bike Rodeo</p> <p>King Antonio routine *Tinikling/DrumFit/Jump rope</p> <p>Heroes For Heart Spring stations *Spring Tabatas</p>
2 nd Nine Weeks – 43 days		4 th Nine Weeks – 45 days	
<u>TEKS</u>	<u>Units</u>	<u>TEKS</u>	<u>Units</u>
<p>2.1BCFG 2.1EL 2.3BC</p> <p>2.1G 2.3B</p> <p>2.7AB</p> <p>2.1JKL</p> <p>2.1E</p> <p>2.2A</p>	<p>Halloween: *Skeletal System (weight bearing exercise, Calcium, Vitamin D) Skeletal Square, Knock Out with stations *Halloween games *Boo Run</p> <p>Diabetes/Pancreas/Insulin</p> <p>Mule Games/Camp Cambridge/Amazing Race Garden Run</p> <p>Turkey Tango</p> <p>Christmas</p> <p>Overhand Throw (Self and Peer Assessment)</p>	<p>2.1D</p> <p>2.1H</p> <p>2.1GI</p> <p>2.5B</p> <p>2.1G</p> <p>2.5C</p> <p>2.5BCD</p>	<p>My Plate</p> <p>Egg-ercise</p> <p>Track Unit *Indy 500/baton relays *Steeple Chase</p> <p>Earth Day</p> <p>Cup stacking/Juggling</p> <p>Fun in the Sun *skin protection Power of sun screen game Water Safety</p> <p>Human Foosball</p>

Rotation Fridays:

Pacer

Team Games: [2.1ABN](#), [2.2A](#), [2.3A](#), [2.6AB](#), [2.7AB](#)

Beat Ball Baseball

GaGa Ball

Aerobic Kickball

Team Kickball

Mat Ball

Basket/kickball

Locker Room

Flag Tag