



Woodridge First Grade PE Year at a Glance (YAG)

First Semester		Second Semester	
1 st Nine Weeks – 40 days		3 rd Nine Weeks – 45 days	
<p>TEKS 1.1<u>AB</u></p> <p>1.1<u>C</u> 1.2<u>B</u></p> <p>1.1<u>H</u> 1.2<u>A</u></p> <p>1.1<u>EF</u></p> <p>1.1<u>A</u> 1.6<u>AB</u></p> <p>1.5<u>ABE</u> 1.7<u>A</u></p> <p>1.5<u>A</u> 1.7<u>BC</u></p> <p>1.4<u>BC</u></p>	<p style="text-align: center;">Units</p> <p>Locomotor Skills: walk, run, hop, gallop, leap, slide</p> <p>Body Management: balance</p> <p>Manipulatives: rolling, bouncing, & throwing</p> <p>Rhythms/Dance: steady beat, ribbons/streamers</p> <p>Movement Concepts: personal space, boundaries, start/stop & levels of movement</p> <p>Safety: gym & playground rules, water, restroom & emergency procedures</p> <p>Social: demonstrates elements of responsible behavior, uses equipment safely</p> <p>Health & Body: identify major body parts</p>	<p>TEKS 1.1<u>ABCDE</u></p> <p>1.1<u>CH</u> 1.2<u>B</u></p> <p>1.1<u>DH</u> 1.5<u>A</u> 1.7<u>A</u></p> <p>1.1<u>EFG</u></p> <p>1.1<u>BC</u> 1.6<u>AB</u> 1.7<u>AB</u></p> <p>1.3<u>A</u> 1.5<u>AB</u></p> <p>1.7<u>BC</u></p> <p>1.3<u>B</u> 1.4<u>AB</u></p>	<p style="text-align: center;">Units</p> <p>Locomotor Skills: combination of different skills</p> <p>Body Management: weight transfer</p> <p>Manipulatives: striking with short-handed implements</p> <p>Rhythms/Dance: keeping a steady beat while using manipulatives, introduce long jump rope</p> <p>Movement Concepts: dodging, tagging & chasing</p> <p>Safety: Bike Rodeo safety</p> <p>Social: recognizes the benefits of cooperation and sharing</p> <p>Health & Body: benefits of cardiocascular activities</p>
2 nd Nine Weeks – 43 days		4 th Nine Weeks – 45 days	
<p>TEKS 1.1<u>AB</u> 1.6<u>B</u> 1.7<u>A</u></p> <p>1.1<u>B</u></p> <p>1.1<u>H</u></p> <p>1.1<u>BG</u></p> <p>1.1<u>ABC</u> 1.7<u>A</u></p> <p>1.3<u>D</u> 1.5<u>AB</u> 1.7<u>A</u></p> <p>1.7<u>BC</u></p> <p>1.4<u>B</u></p>	<p style="text-align: center;">Units</p> <p>Locomotor Skills: skip, chasing & fleeing</p> <p>Body Management: jumping/landing</p> <p>Manipulatives: catching & kicking</p> <p>Rhythms/Dance: individual jump ropes</p> <p>Movement Concepts: pathways, speed/tempo & directions</p> <p>Safety: equipment and climbing</p> <p>Social: demonstrates cooperation with a partner</p> <p>Health & Body: identify location/function of the heart</p>	<p>TEKS 1.1<u>ABC</u></p> <p>1.2<u>B</u> 1.3<u>D</u></p> <p>1.1<u>H</u> 1.2<u>A</u></p> <p>1.1<u>EF</u></p> <p>1.1<u>ABC</u> 1.3<u>BC</u></p> <p>1.5<u>BCD</u></p> <p>1.7<u>BC</u></p> <p>1.3<u>ABC</u></p>	<p style="text-align: center;">Units</p> <p>Locomotor Skills: combinations of different skills performed at varying directions and speeds</p> <p>Body Management: stunts and rolls</p> <p>Manipulatives: demonstrates skills such as rolling, jumping, throwing, catching & striking using correct body alignment.</p> <p>Rhythms/Dance: perform rhythmic activities keeping a steady beat</p> <p>Movement Concepts: demonstrate the ability to change directions & speed while maintaining balance (coordination)</p> <p>Safety: sun and water</p> <p>Social: displays elements of appropriate conflict resolution</p> <p>Health & Body: participates in activities that develop the fitness components</p>