



Cheer Year at a Glance (YAG)



First Semester		Second Semester	
1 st Nine Weeks –		3 rd Nine Weeks –	
<p>TEKS 117.306- 117.309</p> <p>B: (1) (2)</p> <p>C: (1) A-D (2) A-D (3) B-D (4) A-D (5) A-D</p>	<p>Basic Skills Cheer Camp Prior to school starting students will participate in a camp to learn basic technical stunting/motions/jumping technique, introduce/understand cheer fundamentals.</p> <p>As the school year begins, we will introduce what performance/competition quality looks like. Identify effective warm-up/cool-down using elements of proper conditioning for performing skills.</p> <p>Field Performances Students will learn and perfect different styles of cheer for football season. Perform memorized movements, cheers, routines with rhythmical accuracy in dance/cheer styles.</p> <p>Begin Learning Competition Choreography Students will learn choreography only and work on new skills. Styles of competition choreography consist of game day and a traditional competition routine. Skills include motions, sign work, jumping, stunting, and tumbling.</p>	<p>TEKS 117.306- 117.309</p> <p>B: (1) (2)</p> <p>C: (1) A-D (2) A-D (3) B-D (4) A-D (5) A-D</p>	<p>Competition Choreography Final Performances Students will learn choreography only and work on new skills. Styles of competition choreography consist of game day and a traditional competition routine. Skills include motions, sign work, jumping, stunting, and tumbling.</p> <p>Regional, State, & National Competitions Students perform and compete at a regional, state, and national level. All three routines (Varsity Game Day/JV Game Day/Traditional Varsity Comp) will be performed.</p>



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2 nd Nine Weeks –		4 th Nine Weeks –	
<p>TEKS 117.306- 117.309</p> <p>B: (1) (2)</p> <p>C: (1) A-D (2) A-D (3) B-D (4) A-D (5) A-D</p>	<p>Continue to Polish Competition Choreography Routines Students will learn choreography only and work on new skills. Styles of competition choreography consist of game day and a traditional competition routine. Skills include motions, sign work, jumping, stunting, and tumbling.</p> <p>Healthy Sense of Self and Community Service Students will identify a comprehensive understanding of health, safety, and wellness for cheerleaders. Students participate in community events and practice servant leadership within practices and the community.</p>	<p>TEKS 117.306- 117.309</p> <p>B: (1) (2)</p> <p>C: (1) A-D (2) A-D (3) B-D (4) A-D (5) A-D</p>	<p>Spring Tryouts Students will prepare for new team tryouts in front of a panel of 3 judges and the coach.</p> <p>New Team Spring Practices We will begin practicing with our new team once it is established. When we start, we will be focusing on basic techniques for stunting/motions/jumping.</p>